

Answering from the text

Worksheet 1: Answering from the text

Key point

When you answer questions on a text, it is important that you can identify and choose the main points and ideas that are in it. You also need to be able to check the meaning of any words you don't understand.

Get started

Guided

1. The following sentences are from a leaflet on road-running. Use a dictionary to look up the words below and circle the correct meaning.

For people who work at desks all day long, making an effort to stay fit is extremely important. For these people regular exercise is essential.

a. 'extremely' = very / quite

b. 'essential' = needed / helpful

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2. Read the next sentence from the same leaflet.

Running is a great way of improving your fitness, but there are two key points to remember:

- make sure you have the right footwear
- don't try running too far to begin with.

What are the **two** main points the writer makes?

A Running is a great way of improving your fitness. ☐

B Make sure you have the right footwear. ☒

C Don't try running too far to begin with. ☐

Hint

The writer is telling you which points are important.

Hint

Make sure the answers you choose are written in the leaflet.

Try this

1a. Read the following article from a running magazine.

Staying safe when you run

Many people prefer running in the evening. If you're going to do this it's a good idea to run with a partner. Don't wear a dark hoodie, or your old grey jogging bottoms; wear bright clothes to make sure that others can see you. Some runners wear fluorescent arm bands or high-visibility vests. These days you can even buy running caps with flashing lights, which are very useful on roads with poor lighting. My advice is to avoid these areas and stick to routes with proper streetlights. Better still, run during the daytime.

Hint

It's often possible to guess the meaning of unfamiliar words from the way they are used in the text.

b. Circle the correct meaning of the words below. You may use a dictionary.

'prefer' = like / dislike

'fluorescent' = trendy / bright

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c. The writer mentions two specific items of clothing you should not wear if you are running in the evening. What are they? Write your answer in the space provided.

A dark hoodie

.....

d. The writer also mentions **three** specific items of clothing you could wear if you are running in the evening. What are these?

- A Fluorescent arm bands ☐
 B Bright clothes ☐
 C High-visibility vests ☐
 D Running caps with flashing lights ☐

Watch out!

Remember to read the question carefully.

Aim to pass

1a. Read the following information advertising a charity event.

The Kingsford Running Club is holding its annual fun run and we need volunteers to help us out.

Knowledge of the local area is essential. Runners will be starting outside the town hall. They will run along the main street and then around the boating lake, before returning through Creslow Park to the town square.

We need a team of fourteen people. Two will hand out numbers at the start. The rest will be spread out along the course. Their job is to encourage the runners and guide them on their way.

The run takes place on Sunday 14 June and starts at 12 noon.

Volunteers should bring:

- some lunch
- a waterproof coat
- a mobile phone.

b. Give **two** examples of how volunteers can help out on the day of the run. (2 marks)

1.
 2.

c. Where does the run start? (1 mark)

- Town square ☐ Boating lake ☐
 Outside the town hall ☐ Creslow park ☐

d. You may use a dictionary to answer this question. 'Their job is to **encourage** the runners.'

What does '**encourage**' mean? (1 mark)

- Watch ☐ Count ☐
 Support ☐ Guide ☐

Rate yourself

How confident are you at identifying the main points and ideas in a text and working out the meaning of unfamiliar words?



Got it!

Move on to the next activity.



Not there yet...

Try one of the booster sheets for this worksheet.